Hello SF State Community,

Happy Spring Gators! Here’s a quick update of what’s happening on campus around mental health and wellness coordinated by peer educators and professional staff. Check out the events and activities featured in April and see if some of these may count towards extra credit for any of your classes. Enjoy and stay tuned for more!

EVENTS

Project Connect Spring Mixer 2015
Mix and mingle with different student organizations and campus programs on campus!
Wednesday, April 1, 2015
4pm - 6pm Jack Adams Hall
Sponsors: Associated Students, Project Connect

Multicultural AIDS Awareness Day
Thursday, April 9, 2015
10am - 2pm Quad and Lawn
Sponsors: Alpha Phi Omega and AIDS Coordinating Committee

5th Annual Rhythms Music Festival
A week long of events culminates with a concert headlined by G-Eazy.
More info available at:
https://www.fb.com/ps.asi.sfsu/photos
Friday, April 10, 2015
7pm - 12 am Student Event Center (Annex)
Sponsor: Associated Students

SF WAR Walk Against Rape
Join the SF State contingent as they take action against rape! For more info. to sign up as an individual or as an org. contact: Idomingz@sfsu.edu
Sponsor: The SAFE Place
Saturday April 18, 2015
Start Time: 10 am

SF State 5K Walk, Run, & Roll
Be active and have fun with fellow SF State Students, faculty/staff, alumni, and friends in this race around the campus. For more info. and registration:
http://dos.sfsu.edu/5k
Sunday, April 19, 2015
Check-in: 8am; Race Starts: 9am
Starting Line: Malcolm X Plaza
Sponsor: Campus Recreation and Student Life

Walk In Their Heels
A men’s walk to raise awareness around sexual assault and gender violence.
Monday April 20, 2015
10am - 2pm Malcolm X Plaza
Sponsor: The SAFE Place

Film Screening The Hunting Ground
In limited screening, The Hunting Ground is brought to SF State!
Thursday, April 30, 2015
Doors Open: 6:30pm / Panel at 7pm
Sponsors: Women & Gender Studies, Counseling & Psychological Services Center, The SAFE Place, Student Health Services, Student Residential Life Program

ACTIVITIES

Therapy Dogs + Tea Time Out
Tuesday, April 21, 2015
12pm - 1pm Garden above Student Health Services
Sponsor: Student Health Services

Tea Time Out
Wednesday April 1, 2015 4pm - 6pm Jack Adams Hall
Wednesday April 8, 2015 9am - 1pm*
Wednesday April 15, 2015 9am - 1pm*
*Centennial Drive in front of Student Services Bldg

WORKSHOPS* @ SHS Conference Room
April 2, 2015 Stress Less (2pm - 3pm)
April 6, 2015 Blurred Lines (1pm - 3pm)
April 15, 2015 Meditation (12pm - 1pm)
April 20, 2015 420 at SF State (1pm - 2pm)
April 22, 2015 Agents of Change (1:30pm - 3pm)
April 27, 2015 Zzzz’s For A’s (10am - 11am)

*To RSVP for a workshop check out:
https://orgsync.com/14885/events