## **Adverse Childhood Experience (ACE) Questionnaire**

## While you were growing up, during your first 18 years of life:

1.	Did a parent or other adult in the household often	
	Swear at you, insult you, put you down, or humiliate you?	☐ Yes
	or	□ No
	Act in a way that made you afraid that you might be physically hurt?	
2.	Did a parent or other adult in the household often	
	Push, grab, slap, or throw something at you?	☐ Yes
	or	□ No
	Ever hit you so hard that you had marks or were injured?	
3.	Did an adult or person at least 5 years older than you <b>ever</b>	
	Touch or fondle you or have you touch their body in a sexual way?	☐ Yes
	or	□ No
	Try to or actually have oral, anal, or vaginal sex with you?	
4.	Did you <b>often</b> feel that	
	No one in your family loved you or thought you were important or special?	☐ Yes
	or	
	Your family didn't look out for each other, feel close to each other, or support	☐ No
	each other?	
5.	Did you <b>often</b> feel that	
	You didn't have enough to eat, had to wear dirty clothes, and had no one to	
	protect you?	☐ Yes
	or	□ No
	Your parents were too drunk or high to take care of you or take you to the	
	doctor if you needed it?	
6.	Were your parents <b>ever</b> separated or divorced?	☐ Yes
		□ No
7.	Was your mother or stepmother:	
	Often pushed, grabbed, slapped, or had something thrown at her?	
	or	☐ Yes
	Sometimes or often kicked, bitten, hit with a fist, or hit with something hard?	□ No
	or	
	<b>Ever</b> repeatedly hit over at least a few minutes or threated with a gun or knife?	
8.	Did you live with anyone who was a problem drinker or alcoholic or who used	☐ Yes
	street drugs?	□ No
9.	Was a household member depressed or mentally ill or did a household member	☐ Yes
	attempt suicide?	□ No
10	. Did a household member go to prison?	☐ Yes